

# Exam Practice Guide

## Unit 4

## Psychology

## Examination Questions

### Key Features:

- ✓ 168 original examination style questions on all examinable topics.
- ✓ Full solutions and a marking guide to all questions.
- ✓ Separated into key topic areas within each Area of Study, enabling students to master one topic at a time.
- ✓ Written by VCE assessors who mark the real examinations.
- ✓ Excellent resource for examination practice.

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***Helping VCE students be the best they can be.***

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SAMPLE

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**AREA OF STUDY 1: How do Levels of Consciousness affect Mental Processes and Behaviour?**

**Topic 1 – Nature of Consciousness**

**Question 1**

Which of the following does not fall into the category of altered states of consciousness?

- A. controlled processes
- B. coma
- C. meditation
- D. daydreaming

**Question 2**

Kim was totally engrossed in ‘Neighbours’ and was completely unaware of an argument that was going on between her parents. This is an example of

- A. controlled processes.
- B. automatic processes.
- C. divided attention.
- D. focused attention.

**Question 3**

Which of the following is not a characteristic of an altered state of consciousness?

- A. heightened emotional responses
- B. deep relaxation and a sleep-like state
- C. heightened levels of concentration
- D. difficulty in retrieving memories

**Question 4 (5 marks)**

List five common features of the various states of normal waking consciousness.

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**Question 5 (2 marks)**

Identify and describe two naturally occurring altered state of consciousness.

i.

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1 mark

ii.

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1 mark

**Question 6 (3 marks)**

Describe how hypnosis may be used to alleviate pain.

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**Question 7 (1 mark)**

Define the term divided attention.

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